



## **Nursing Education Fund announced at Southampton Hospital**

Robert Mack and the Motz Family Foundation are pleased to announce the formation of the **Carolyn Frances Mack Nursing Education Fund** within the Saugeen Memorial Hospital Foundation with a combined \$10,000 founding donation.

Southampton Hospital has a high priority need for nursing education, in Palliative Care, Cardiac Care and Leadership training.

Operating budget constraints only permit the minimum required training opportunities. This memorial Fund is being provided for the specific purpose of Palliative, Cardiac Care and Clinical Technology Education as well as Leadership Training at the Southampton Hospital.

The Foundation will advertise and encourage our donors to annually contribute to this fund to leave a lasting legacy of nursing education for the Southampton Hospital nursing staff.

Carolyn Mack (nee Helwig) had been a Team Leader of the inpatient medical and surgical units as well as Clinical Supervisor at Southampton Hospital. The opportunity for education and training through a fund in Carolyn's honour has been enthusiastically welcomed by the nursing team.

There are many heartwarming

stories of how the Southampton Hospital staff, during Carolyn's hospitalization and final days, cared for her so kindly and faithfully, many coming in on their personal time.

Carolyn has been described as a progressive person who was proud of her training and accomplishments. Her career demonstrates that a nursing education fund in Carolyn's name is a won-

derful tribute to her memory.

The funds from the Motz Family Foundation are all from memorial donations made by those who wished to honour Carolyn's life.



**Carolyn Mack**

Please contact the office to make a donation to this critical Fund.



### **Donors join Hospital and Foundation representatives for announcement**

Front (L): Christy Kelly, Brian Wakelin, Robert (Bob) Mack, Paul Motz  
Back: Erin Zorzi, Debbie Fischer, Maureen Solecki, Joann Paul, Barb McVittie, Cathy Paddon, Sally Clarence, Heather Hunter, Marilyn Wilkie & Sue McCutcheon

Photo courtesy of the Saugeen Times



Saugeen Memorial Hospital Foundation  
Phone: 519-797-3230 Ext. 3230

Visit our new website at <http://www.smbfoundation.ca/>



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2009-2010**

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McCallum

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**Development Officer & Treasurer:**  
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**Newsletter editor:** Christy Kelly

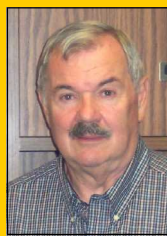
**For more information on how to  
make your donation  
to the Hospital  
Foundation contact  
the Foundation  
office.**



**Christy  
Kelly**

You may support your Hospital Foundation with donations of cash, by credit card, pre-authorized monthly gifts, online donations at [www.CanadaHelps.org](http://www.CanadaHelps.org), with in-kind gifts of stocks and marketable securities with by contributions to any of our funds: Annual Needs, Endowment Fund or Nursing Education Fund.

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**Foundation annual goal \$400,000**

*By Chairman Brian Wakelin*

It is hard to believe that I am in my fourth year as Chairman of the Saugeen Memorial Hospital Foundation Board. I have said publicly many times, this is one of the best Boards that I have ever worked with. All of our committees are functioning well and each Chair does their job in an excellent and conscientious manner.

The Foundation has raised the bar to commit \$400,000 per year to our hospital. Also, this past year two new funds were created: the Ensuring Care Endowment Fund and the Carolyn Frances Mack Nursing Education Fund which will provide legacies for Southampton Hospital equipment needs and education respectively.

I was sad to see two of our Board members retire this year, but the work of Dianne Dalton and Ian Rutherford will be always appreciated and I thank them sincerely for their efforts and friendship.

I welcome Erin Zorzi to the Board. Erin brings an impressive background with her commitment to Community volunteerism. I am very pleased that Trevor Wardrop returned to the Board and has agreed to take over our Public Relations role. Dr. Claire Jeffery has taken over from Trevor this year as Chair of the Light the Way Campaign.

Finally, I would like to thank the General Public and Corporate Community for their continued and generous support of the Foundation. A special thank you to our Charity Golf Tournaments: Bruce Power - a record setting year in proceeds; and our new & very successful tournaments: Bruce Telecom and Piper's Glen.

Brian Wakelin, Chairman

**New way to support your local Hospital**

By joining the SMH Foundation's monthly giving program, you will provide a source of steady and reliable support for the Southampton Hospital. You will help equip our talented medical professionals to ease pain, improve health and save lives.

Monthly giving is:

- Time saving
- Convenient
- Easy on the budget
- Flexible

*For more information about the  
monthly giving program,  
please contact the  
Foundation office.*

**Plan a gift for your  
Hospital in your Will**

Go to [www.smhfoundation.ca/healthytomorrows.php](http://www.smhfoundation.ca/healthytomorrows.php)  
for more information



## New Director

Erin Zorzi has been employed for thirty years in the financial industry, the majority of it with Meridian Credit Union Limited, starting there as a summer student through her university years. She has been the branch manager in Port Elgin for the past 8 years and is a Certified Financial Planner.



**Erin Zorzi**

Over many years, Erin has served on various local boards and committees for the good of the community. She is the current past president of the Rotary Club of Port Elgin, director for the Chamber of Commerce, serves on the United Way of Bruce-Grey funds allocation committee, and is a judge for the Western Region high school business plan competition. Erin volunteers on the Finance sub-committee and other special projects of the Foundation Board.

Erin is a long time resident of the area, happily married to her husband Paul. They have 2 married children, with their first grandchild on the way!

## New Admin Asst.

Shelley Brick started her career with Grey Bruce Health Services in August 1985. During the past 24 years she has worked in a number of different roles at the Owen Sound hospital. Her past positions include clerical support for Inpatient Psychiatry; Clinical Secretary for Crisis Intervention Team and Secretary for Discharge Planning Services. Most recently Shelley has worked as Administrative Assistant for Stroke Prevention Clinic and as Secretary for Utilization Management. Shelley has been involved with many hospital committees, has assisted with utilization improvement initiatives and has managed large volumes of clinical information for the organization.



**Shelley Brick**

Shelley assists the Foundation with Board meeting minutes, Friday morning coverage, walk-in donations and many other projects.

## CKNX Radiothon raises \$44,000 for Nursecall System

We would like to thank all of the following individuals, businesses and organizations who supported this event. We also thank the many individuals who pledged, too numerous to mention.

**Becker Shoes**  
**Bruce Power L.P.**  
**Burgoyne Women's Institute**  
**Carey Optical**  
**Coldwell Banker The Property Shoppe**  
**Drifting Sands Spa**  
**Franklin House B & B**  
**Germania Farmer's Mutual Insurance**  
**Howick Mutual Insurance Co.**  
**Jennifer McLaughlin**  
**Jonnet Sound/Source by Circuit City**  
**Kevin A. Sherwood Barrister & Solicitor**  
**Legault's Your Independent Grocer**  
**Martin's Home Hardware**

**Maurer's Collision**  
**Port Elgin Masonic Lodge #429**  
**Power Workers' Union Local 1000**  
**Re/Max - Port Elgin - Joyce Dudgeon**  
**Royal Canadian Legion Branch 155**  
**Sauble Lodge #227 I.O.O.F.**  
**Saugeen Memorial Hospital Auxiliary**  
**Saugeen Times**  
**Seaman & Sons Builders**  
**Shoreline Beacon**  
**Society of Energy Professionals**  
**Southampton Meat Market**  
**Southampton Rotary Club**  
**T.A. Stewart & Son Contracting Ltd.**

## Emergency Room Staffing Stabilized

*By Maureen Solecki, GBHS President & CEO*



As we near the end of a challenging year for health care in our region, I would like to thank the Saugeen Memorial Hospital Foundation and the residents of Saugeen Shores and area for their continuing support of the Southampton Hospital. Your commitment has continued to be steadfast and strong. Rest assured that the commitment of Grey Bruce Health Services to the Hospital in Southampton can also be described as steadfast and strong.

This year has been an exciting one in Southampton with a number of updates undertaken in facilities and our systems of care. Among these is the Nurse Call System completed in late October. This modern system provides an excellent, clear communication link between patients and staff members.

The Flo Collaborative is also part of our improvements in Southampton as it is in other GBHS hospitals. Working with the Community Care Access Centre, the Flo Collaborative helps transition patients from hospitals to Long Term Care or other health care providers and their homes. This is critically important because we know that patients who need another type of care actually deteriorate when they remain too long in an acute care setting such as a hospital.

With the Flo Collaborative such transitions can be expedited with proper support services in place once the patient leaves the hospital.

A new white board system for patients is up and running in Southampton with excellent participation from interdisciplinary team members, such as CCAC, Physiotherapy, etc.

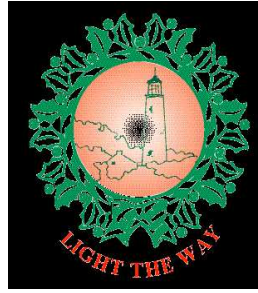
The white boards, located in patients' rooms, focus on patient needs and discharge issues. They provide better communication between the health care team in the hospital and the patient and family.

Southampton Hospital was not without its challenges this year as well. Staffing in the Emergency Department became a major issue over the summer. Thanks to the assistance of Health Force Ontario we were able to stabilize that staffing with an agreement that continues to the end of March. Recruitment of physicians willing to work in the ER must still be a priority for both the Hospital and the Saugeen Shores community. Overall, Grey Bruce Health Services continues to face financial pressures due to the gap between our expenses and the government's ability to provide funding to match the need.

Non-urgent transportation, an aging population, antibiotic resistant organisms and the need to leverage change in the system all remain ongoing challenges for GBHS. Intensive efforts to deal with these issues are ongoing.

As we move into the final few weeks of the year, let me wish you and yours the best of the season just ahead. We look forward to being able to continue to work together in 2010 and beyond.

## Christmas "Light The Way" goal \$80,000 for 2 E.C.G.'s at Southampton ER



*Thank you for your generosity!* Christmas donations received in 2008 assisted with the purchase of essential Laboratory equipment. This year, our Campaign goal is to raise \$80,000 towards the purchase of 2 new **Electrocardiograms (ECGs)** for the Southampton Emergency Department.

*Did you know?* Heart problems are consistently one of the top 10 reasons why patients over the age of 65 arrive at our emergency department. To accommodate the demand for a better diagnostic tool, we are currently upgrading our Electrocardiogram (ECG) machines to be compatible with our electronic charting systems. This crucial technology will allow the emergency physician to view heart tracings electronically and provide for a faster diagnosis and treatment.

As always, all donations given to the Saugeen Memorial Hospital Foundation's **LIGHT THE WAY Christmas Campaign** stay in Saugeen Shores for priority equipment purchases at the Southampton Hospital.

We would be pleased to send a card acknowledging your Christmas gift in someone's honour if you provide us with the details.

Please support the 2009 **LIGHT THE WAY Campaign**.

**Dr. Claire Jeffery**  
Light the Way Campaign Chair

## A Patient's ER Story

Men, has your wife ever given you "the eye" after finding out you didn't tell her something that ended up being very important? Well, I had a recent experience where I definitely got "the eye".

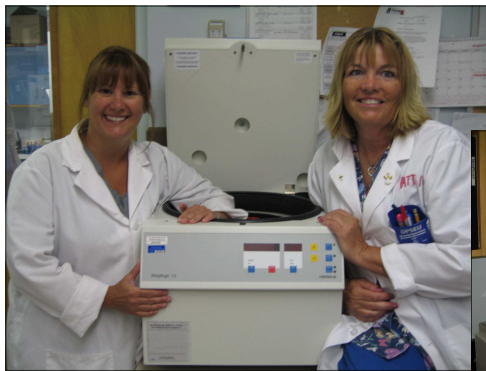
During an August evening, for about 20 minutes I felt nauseous, my breathing was laboured and my chest felt a little tight. (*I didn't tell my wife about it.*) I went to bed feeling fine. In the middle of the night, I awoke feeling very nauseated. I felt mild chest pain and heaviness. I became extremely hot, and sweat ran off me like a river.

We arrived at the Southampton Hospital around 2 a.m. I was quickly hooked up to diagnostic equipment, and described my symptoms. (That's when I got "the eye" -- my wife was surprised when she heard me telling the Nurse about the discomfort I had experienced earlier in the past evening.) A Lab Technician was called in to do blood work. The Doctor arranged a helicopter to St. Mary's Hospital, and called ahead to ensure a Cardiologist would be prepared for me. In Kitchener, it turned out that I had 4 blocked arteries in my heart. At 51, I now have a stent, a new diet and exercise regimen, and a new lease on life.

My heartfelt thanks goes to everyone on the night shift at the Southampton ER, and to all the folks who generously donated their fundraising efforts and financial support for the hospital's equipment.

And remember ... *Never hide symptoms from your loved ones!* The longer your heart is starved for oxygen, the more potential for permanent damage. Don't think you couldn't be having a heart attack just because you don't have pain radiating down your left arm -- Those "classic" symptoms are often *not* present. I learned this the hard way.

**Mike Richardson, Port Elgin**



**THANKS FOR NEW EQUIPMENT!**



Shanda & Pat display Lab Equipment purchased with 2008 Light the Way donations



2008 Rotary Huron Shore Run proceeds purchased a new Operating Table. Pictured (L) Henry Weickert, Past President, Southampton Rotary, Joann Paul RN, Donna Chappelle RN, Erin Zorzi, Past President Port Elgin Rotary

## SEASONS GREETINGS!

*We wish all of our Donors and Community a safe & happy Holiday season.*